

## Pensumliste diplumlægeeksamen

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- Kapitel 4 – Sports injuries: overuse
- Kapitel 7 – Beware: conditions that masquerade as sports injuries
- Kapitel 8 – Introduction to clinical biomechanics
- Kapitel 9 – Biomechanical aspects of injury in specific sports
- Kapitel 10 – Training programming and prescription
- Kapitel 12 – Preventing injury
- Kapitel 13 – Recovery
- Kapitel 17 – Treatment of sports injuries
- Kapitel 18 – Principles of sports injury rehabilitation
- Kapitel 19 – Return to play
- Kapitel 20 – Sports concussion
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- Kapitel 24 – Shoulder
- Kapitel 25 – Elbow and arm pain
- Kapitel 26 – Wrist pain
- Kapitel 27 – Hand and finger injuries
- Kapitel 28 – Thoracic and chest pain
- Kapitel 29 – Low back pain
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- Kapitel 31 – Hip pain
- Kapitel 32 – Groin pain
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Kapitel 8 – Diabetes mellitus

Kapitel 9 – Sudden cardiac death in sport

Kapitel 10 – Cardiovascular symptoms

Kapitel 11 – Respiratory symptoms during exercise

Kapitel 17 – Osteoporosis – Physical activity for bone health

Kapitel 19 – The tired athlete

Kapitel 28 – Childhood and adolescence

Kapitel 29 – Female-specific considerations: anatomy, physiology, injuries and performance

Kapitel 31 – Older people

Kapitel 33 – Nutrition for performance

Kapitel 34 – Drugs and the athlete