

Pensumliste diplumlægeeksamen 2026

Brukner & Kahn's; Clinical Sports Medicine 6th edition – Foundations of Clinical Practice (2025)

Kapitel 3 – Clinical reasoning
Kapitel 4 – Shared decision making
Kapitel 8 – Acute Injuries
Kapitel 9 – Overuse injuries
Kapitel 12 – Introduction to clinical biomechanics
Kapitel 13 – Biomechanical aspects of injury in nine specific sports
Kapitel 14 – Training principles, programming and prescription
Kapitel 15 – Load management
Kapitel 16 – Recovery
Kapitel 17 – Preventing injury
Kapitel 18 – Periodic health assessment of athletes
Kapitel 19 – Diagnosis: History and physical examination
Kapitel 20 – Diagnosis: imaging
Kapitel 22 – Red flags
Kapitel 24 – Treatment of sports injuries
Kapitel 25 – Athlete education
Kapitel 26 – Surgery in sports and exercise medicine
Kapitel 27 – Principles of sports injury rehabilitation
Kapitel 28 – Return to sport

Brukner & Kahn's; Clinical Sports Medicine 6th edition – Managing Injuries (2026)

Kapitel 2 – Sport-related concussion: diagnosis and management
Kapitel 3 (KUN side 47-49) – Sport-related concussion: rehabilitation
Kapitel 4 – Headache in sportspeople
Kapitel 5 – Facial Injuries
Kapitel 6 – Neck pain: assessment
Kapitel 7 – Neck pain: management
Kapitel 8 – Shoulder pain: assessment
Kapitel 9 – Shoulder pain: management
Kapitel 10 – Elbow and forearm pain
Kapitel 11 – Wrist pain
Kapitel 12 – Hand and finger injuries
Kapitel 13 – Thoracic pain and chest pain
Kapitel 15 – Low back pain
Kapitel 16 – Buttock pain
Kapitel 17 – Hip region pain

Kapitel 18 – Groin pain
Kapitel 19 – Anterior thigh pain
Kapitel 20 – Posterior thigh pain
Kapitel 21 – Knee injuries – assessment
Kapitel 22 – Acute knee injuries
Kapitel 23 – Long-term consequences of knee injury
Kapitel 24 – Patellofemoral pain
Kapitel 25 – Patellar tendinopathy
Kapitel 26 – Lateral knee pain
Kapitel 27 – Leg pain
Kapitel 28 – Calf pain
Kapitel 29 – Achilles tendon injuries
Kapitel 30 – Acute ankle injuries
Kapitel 31 – Ankle pain
Kapitel 32 – Foot pain

Brukner & Kahn's; Clinical Sports Medicine 5th edition vol. 2 – The Medicine of Exercise (2019)

Kapitel 2 – Benefits and risk of physical activity
Kapitel 6 – Nutrition for health
Kapitel 8 – Diabetes mellitus
Kapitel 9 – Sudden cardiac death in sport
Kapitel 10 – Cardiovascular symptoms
Kapitel 11 – Respiratory symptoms during exercise
Kapitel 17 – Osteoporosis – Physical activity for bone health
Kapitel 19 – The tired athlete
Kapitel 28 – Childhood and adolescence
Kapitel 29 – Female-specific considerations: anatomy, physiology, injuries and performance
Kapitel 31 – Older people
Kapitel 33 – Nutrition for performance
Kapitel 34 – Drugs and the athlete

I den gamle bog fra 2017 er følgende pensum (modsvarende Clinical Sports Medicine 6th "Foundations of Clinical Practice" OG "Managing Injuries" – IKKE vol 2 fra 2019, som er selvstændigt pensum)

Brukner & Kahn; Clinical Sports Medicine 5th edition vol. 1 – INJURIES (2017)

Kapitel 3 – Sports Injuries: acute
Kapitel 4 – Sports injuries: overuse
Kapitel 7 – Beware: conditions that masquerade as sports injuries
Kapitel 8 – Introduction to clinical biomechanics

Kapitel 9 – Biomechanical aspects of injury in specific sports
Kapitel 10 – Training programming and prescription
Kapitel 12 – Preventing injury
Kapitel 13 – Recovery
Kapitel 17 – Treatment of sports injuries
Kapitel 18 – Principles of sports injury rehabilitation
Kapitel 19 – Return to play
Kapitel 20 – Sports concussion
Kapitel 21 – Headache
Kapitel 22 – Face, eye and teeth
Kapitel 23 – Neck pain
Kapitel 24 – Shoulder
Kapitel 25 – Elbow and arm pain
Kapitel 26 – Wrist pain
Kapitel 27 – Hand and finger injuries
Kapitel 28 – Thoracic and chest pain
Kapitel 29 – Low back pain
Kapitel 30 – Buttock pain
Kapitel 31 – Hip pain
Kapitel 32 – Groin pain
Kapitel 33 – Anterior thigh pain
Kapitel 34 – Posterior thigh pain
Kapitel 35 – Acute knee injuries
Kapitel 36 – Anterior knee pain
Kapitel 37 – Lateral, medial and posterior knee pain
Kapitel 38 – Leg pain
Kapitel 39 – Calf pain
Kapitel 40 – Pain in the Achilles region
Kapitel 41 – Acute ankle injuries
Kapitel 42 – Ankle pain
Kapitel 43 – Foot pain
Kapitel 44 – The younger athlete
Kapitel 46 – Periodic medical assessment of athletes
Kapitel 47 – Working and traveling with teams